

Derbyshire Footpath Relay – Saturday, 16th June 2012

The date for this year's event is Saturday 16th June with a Start at 0930 from Sheepwash car park, Carsington Reservoir.

Can anybody interested contact Graham Johnson – in person, by email (gmjandfam@aol.com) or telephone (01773) 824754. We should be able to manage a handicap team at least shouldn't we, especially as 'one of own', Stuart Swalwell has planned the event?

There will be two races which run side by side.

1. Scratch race of 10 legs - any person (age/gender) may run a leg.
2. Handicap race of 10 legs where a team must have a minimum of 20 points as follows (female points in brackets):

Under 16 - 2 (3)
Under 18 - 1 (2)
Age 19-30 - 0 (1)
Over 30 - 1 (2)
Over 40 - 2 (3)
Over 50 - 3 (4)
Over 60 - 4 (5).

Leg lengths will be between 5 and 7 miles, On Leg 1 and Leg 6 (around Carsington Water) a team will be allowed to split the leg between two runners. This is to allow two Juniors, say, or two Seniors to run a leg that will be only 3.3 miles (instead of 6.6 miles). (Any person under the age of 17 can only run on Legs 1 and 6 (no roads to cross) to comply with the BOF Insurance policy).

Leg 1 will start at 0930 from the Sheepwash car park and Leg 6 will have a Mass start from the same place as soon as the first runner comes in on Leg 5. (Legs 6-10 will be the reverse routes of Legs 1-5). Leg 5 will return to the Start. Leg 6 runners will have a mass start when the first runner comes in from their race (so two mass starts!). (I'm sure this last bit will make more sense when we get the maps).